

ELEVATE
GYMNASTICS
ACADEMY | EGA

SKILL CLINIC

**Pull over &
Back-hip circle**

Nov 20 2-2:30

during open gym

**Ages 6 and up. Gymnasts should
be close to or have a pull over to
participate.**

**3132 Dwight Rd #100
Elk Grove Ca 95758
916-393-3993**

Call for more information

Clinic instruction will be provided by one of our competitive coaching staff during the first 30 minutes of open gym. Then gymnast will be released to enjoy the rest of open gym.

REGISTRATION REQUIRED
by Nov 19th:
\$15 (members) or \$20
(non-members) for open
gym plus additional \$5 for
clinic fee. Clinic fee is
non-refundable and space is
limited

All fees are due at registration. You must be registered for both open gym and the clinic to participate in the clinic.