



**“Fun and LifetimeFitness in a Safe and Positive Environment”**

***CLASS SCHEDULE ON REVERSE SIDE!***

***LOCATION:***

3132 Dwight Road #100  
Elk Grove, CA 95758  
916-393-3993

***Lil' Ninja/Jr Ninja/Ninja  
(ages 3 and up)***

1 hour class – once a week

***OUR PROGRAMS INCLUDE:***

Recreational Gymnastics  
Pre Team Gymnastics  
Women's Competitive  
Team (JO & Xcel)  
Men's Competitive  
Team  
Tumbling Classes  
NINJA ZONE Classes

***\$82 Per Month***

25% off for 2<sup>nd</sup>/3<sup>rd</sup> child/classes  
50% off for 4<sup>th</sup>+ child(ren)/classes

***Annual Fee***

\$40 per year for 1<sup>st</sup> child  
\$25 per year for 2<sup>nd</sup>+ child(ren)

***Uniform Required***

***\$53.00***

Incl: Shirt/Shorts/Socks/Headband/etc.

*We also offer:*

*Fantastic Birthday Parties, Sports Camps, Olympics and  
much much more!*





## **NINJA CLASS SCHEDULE**

### **WHITE LEVEL**

#### **Lil' Ninja - (3 years to 4 years 12 months)**

M 9:30, 3:30	TH 3:30
T	F 6:30
W 4:30, 5:30	S 9:30, 10:30

#### **Junior Ninja - (5 years to 7 years 12 months)**

M 10:30, 4:30, 5:30, 6:30	TH 4:30
T	F 4:30
W 5:30	S 8:30, 9:30, 10:30

#### **Ninja - (8 years and up to 14 years)**

M 4:30	TH 5:30
T 6:30	F 5:30
W 6:30	S 8:30

### **YELLOW LEVEL**

#### **Junior Ninja and Ninja -**

M	TH 5:30
T 5:30	F 4:30, 5:30
W 7:30	S

### **GREEN LEVEL**

#### **Junior Ninja and Ninja -**

M	TH
T 4:30	F 4:30
W	S

**REMINDER:** Don't forget to purchase your uniform before your first class.

**Note:** All levels beyond White, include ages 5 and up!